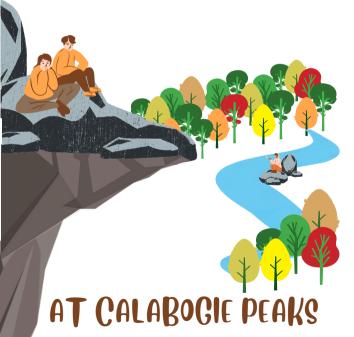


CAGLE'S NEGY TRAIL



30 Barrett Chute Rd. Calabogie, Ontario www.calabogie.com

THE SPIRIT OF THE EAGLE

The first inhabitants of this area were the Algonquin and to some extent the Ojibway.

They are more properly known as the Anishabe in their own language, which means "original people." To this day, Anishabe still regard the eagle as one of the highest, most revered manitous. The word "manitou" means spirit. Any place where the manitou of the eagle exists is considered to be a place of great power and inspiration by the Anishabe people.

The symbol below represents the Eagle's Nest, which is presented in the four traditional sacred colours. Each colour has multiple symbolic meanings to the Anishabe peoples relating to the life journey of a person.



Yellow	East	Spring	Child
Red	South	Summer	Youth
Black	West	Autumn	Adult
White	North	Winter	Elder



START YOUR JOURNEY

The Eagle's Nest Trail is a challenging three-hour trail to the lookout when you start at the Calabogie Peaks Resort. Or choose an easier hike from the Eagle's Nest parking lot.

- 1. Hike up the Ole K&P ski trail and hop on from the Manitou Mountain Trail for a challenging 8km trail.
- 2. Take the Skywalk Trail for a shorter challenging start.

3. Park closer and take the scenic Little Pine Path or the easy Old Logging Road.



