



# CADS

CALABOGIE NEWSLETTER



## Don't Forget!

There will be **no student program on Sunday, January 29<sup>th</sup>**. The program will resume as scheduled on **February 5<sup>th</sup>**.

A reminder to **all volunteers** that there will be a **training day on Sunday, January 29<sup>th</sup>**, followed by a potluck dinner.

## COMMUNITY LIVING DAY!

Community Living Day will be held on **Monday Feb. 6th, 2012**. Anyone interested in assisting please contact B. Gilmour [bgilmour@rogers.com](mailto:bgilmour@rogers.com) we need volunteers!!

## Volunteer Training/Ski Improvement/Pot Luck

**Sunday January 29<sup>th</sup>, 2012**

Just a reminder to all volunteers this will be a training day to review all safety aspects of the program, a chance to review your teaching skills, answer your questions and concerns, take some Ski Improvement from CSIA/CASI Level 2s/3 and most importantly have some fun.

This will be followed by a potluck supper at the Dawdy Manor, 54 Jim Wallace Drive (just off Kennedy Rd 2 minutes from the ski hill). We have also invited the Pakenham volunteers to attend the on hill sessions and the potluck.

Please call or email Clay or Lorna at 613 752-1284 or [cdawdy@aol.com](mailto:cdawdy@aol.com) to let us know what you will bring.



# FUNDRAISING

Hi everyone,

We just wanted to touch base with you and see how you are doing with the ticket sales. If you are doing well, Congratulations! I will be collecting your stubs and money this Sunday.

I would like to remind you that the deadline to return your stubs and money this year is **February 12<sup>th</sup>**. So, as soon as all your tickets are sold please bring your stubs and money to the Hill, we will be collecting every Sunday until February 12<sup>th</sup>. If this is your first year selling tickets, I assure you that between family, friends and co-workers, your 2 books will sell very quickly.

Some of you asked me for more books, I still have some available. Remember, for every book you sell, you have a chance to win some nice prizes, first prize being a 47" TV. Draw on March 4<sup>th</sup>, at the Banquet.

**We also need Parents and Volunteers to sell tickets at the lodge every Sunday**, please let me know if you are interested. I would like to thank Mrs. Lafontaisie, Newman and Campbell for assisting me in selling tickets at the Lodge last Sunday.

So far we have collected a little over \$3,000, as you know our Goal this year is \$15,000. Congratulations to the following Volunteers for selling all their tickets : Ross Muirhead, Bob Gilmour, Nikki Ducharme, Bernie Mahusky, Malcolm McKinley and Cheryl Milne.

As you know, we have our training day and potluck this Sunday, we would really appreciate if all Volunteers could finish selling their tickets this week and bring their stubs and money to me this Sunday.

Thank you so much; your contribution to the Fund-raising campaign is much appreciated. If you have any questions please email me or call me at 613-822-3419. (Rey Rheault)

CADS-NCD Calabogie Team. **Keep Selling!**



# Congratulations!!



**CONGRATULAIONS** to the following who completed and passed their Level 1 CADS Certification at Mt Pakenham: Al McLarty, Karen Bomba-Reed, Shannon Reed, Rick Richard, Holly Mahusky, Josh Hapgood, John Hapgood, Terry Auld, Bev Broadman, Tyrell Kearns, and Anne Marie Clermont.

Among these were 4 Calabogie Peaks Snow School Insrtutors. They were: Bev Brodman, Anne-Marie Clermont, Karen Bomba-Reed (re-certified), and Shannon Reed. They joined the existing CADS certified instructors in our Calabogie Snow School: Matt Cuccaro, Bob Gilmour, Clay Dawdy, and Al Watson. **Congratulations to All!**

**Thank-You!**  
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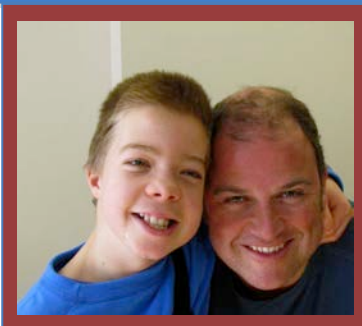


A BIG THANK-YOU to Ken Rodgers Level 4 CSIA, Ski School director at Edelweiss Valley for his dedication to assisting our CADS Certification Group. To ensure CADS is up to date with the current teaching methodologies, our CADS examiners Clay Dawdy, Bob Gilmour, Rob O'Connell, and Al Watson spent several hours on hill reviewing the new methodologies to ensure all our volunteer training is coordinated using the current CSIA teaching process. Ken has also volunteered during our Community Living Day and the Winter Sports Clinic for the Soldier On, assisting disabled veterans.

By combining the CSIA (Canadian Ski Instructors Alliance) and the CADS (Canadian Association for Disabled Skiing) we can only improve the opportunities for people with disabilities.

Ken thanks again for your support.

Calabogie Adaptive Ski Program Management Team



## \*REMINDER\*

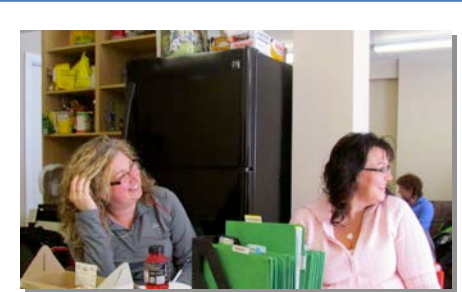
If you are either a student or volunteer and you are unable to attend a Sunday of skiing fun make sure to contact Bob Gilmour via email or telephone to give notice of your absence, by 9 pm on Saturday. It is important to try to give as much notice as possible! We are scheduling 2 instructors and equipment for each student, so knowing ahead of time allows us to move recourses and accommodate others if you are unable to attend.

Bob Gilmour:

Email - [bgilmour@rogers.com](mailto:bgilmour@rogers.com)

Phone - 613-225-4598

Cell - 613-612-4598



## Calabogie Adaptive Skiing Program Schedule 2012

<i>DATE</i>	<i>TIME</i>	<i>ACTIVITY</i>	<i>LOCATION</i>
Jan 7, 2012	9:00-3:00	Volunteer Training	Calabogie Peaks
Jan 8, 2012	10:00-3:00	Calabogie Student Program	Calabogie Peaks
Jan 15, 2012	10:00-3:00	Calabogie Student Program	Calabogie Peaks
Jan 22, 2012	10:00-3:00	Calabogie Student Program	Calabogie Peaks
<b>Jan. 29, 2012</b>		<b>No Student Program (See Feb 5, 2012)</b>	
Jan 29, 2012	9:00 4:00	Instructor Training Update Instructor/Volunteer Pot Luck	Calabogie Peaks
Feb 5, 2012	10:00-3:00	Calabogie Student Program	Calabogie Peaks
Feb 6, 2012	10:00-3:00	Community Living Day	Calabogie Peaks
Feb 12-16, 2012	9:00 4:00	Winter Sports Clinic for the Solider on Program	Calabogie Peaks
Feb 12, 2012	10:00-3:00	Calabogie Student Program	Calabogie Peaks
Feb 19, 2012	10:00-3:00	Calabogie Student Program	Calabogie Peaks
Feb 26, 2012	10:00-3:00	Calabogie Student Program	Calabogie Peaks
Mar 4, 2012	12:00-2:00	Banquet/Awards	Calabogie Community Center

### Note:

- 12 hour CSIA Methodology required for CADS 2/2A instructor certification scheduled at Mt Pakenham Jan 11, 18, and 25 from 5.30 - 9.30 pm
- CADS Level 2 and 2A instructor certification scheduled at Calabogie Peaks Feb. 18-19 from 9.00am – 4.00pm

## Volunteer Dedication

Hey Guys,

Today was a day I was dreading. I was tired, stressed and overwhelmed and in pain (broken toe in ski boot), I really didn't want to be there, not with the CADS program, but at the hill in general. Then my sessions started, first with Rick and John, my three trackers and my stress melted away, then lunch with my kids made me smile and Chloe made me laugh out loud.

What I am trying to say is if something you do (your job and this is work to me even if it is for free) can make a stressful day work out it means you are in the right Job. I just love to teach and thank you guys for giving me another opportunity to teach another group of people. To me it is not about the opportunities I help provide through CADS it is about the shared discoveries that are made. I am going to keep trying to get there,

If you ever have anyone wonder why they should help, tell them that they will get way more out of the experience than they think.

- Matt Cuccaro



## CBC News

"It's a pretty special day. You have the parent come over to you in tears, say, 'You've just made my day.' Well, you've made our day," said Gilmour.

### “Eastern Ontario program helps skiers with disabilities”

"When we came here he just came along really well. It's been good for his social skills, his self confidence." Said Karen Lafantaisie

**On Sunday, January 8<sup>th</sup>, Julie Ireton came to Calabogie Peaks to get a glimpse of the magic on the hill. Julie spoke with Bob Gilmour, Clay Dawdy, Karen Lafantaisie, Jacob Lafantaisie and Emerson Bartel. To listen to the interviews and view the article in full, visit the website below.**

<http://www.cbc.ca/news/canada/ottawa/story/2012/01/23/ottawa-calabogie-adaptive-ski-program.html>



## Calabogie Peaks Solider On – Winter Sports Clinic

Plans are well underway for the second annual “Calabogie Peaks Winter Sports Clinic” scheduled for February 12<sup>th</sup> – 16<sup>th</sup> 2012 that will provide ski instruction to injured military personnel in conjunction with the Soldier On program run by National Defense. Currently we have 9 (possibly 10) members scheduled with a great cadre of instructors and volunteers lined up. A special thanks goes out to the “Canadian Army Veterans” Motorcycle Club <http://www.thecav.ca> who helped raise over \$4,400.00 this past spring for both Soldier On and our Winter Sports clinic. And even more impressive the “True Patriot Love” Foundation <http://truepatriotlovefoundation.com> are supporting our clinic to the tune of \$7,000.00. We have also received funding from branches of the Canadian Legion and expect more support in the near future to ensure these clinics will continue well into the future.

Dan

## CONTACTS

Name	Position	Phone	E-Mail
Clay Dawdy	Program Director	613-752-1284	<a href="mailto:claydawdy@hotmail.com">claydawdy@hotmail.com</a>
Bob Gilmour	Operations Director	613-255-4598	<a href="mailto:bgilmour@rogers.com">bgilmour@rogers.com</a>
Dan Fleming	Training Coordinator	613-838-3761	<a href="mailto:jdanielfleming@explornet.com">jdanielfleming@explornet.com</a>
Rob O`Connell	Equipment & Training Coordinator	613-839-1741	<a href="mailto:broconnell@rogers.com">broconnell@rogers.com</a>
Rick Clouthier	Equipment Room	613-599-1238	<a href="mailto:4rickc@rogers.com">4rickc@rogers.com</a>
Bea O`Connell	Registration & Special Events Coordinator	613-839-1741	<a href="mailto:bcoconnell@rogers.com">bcoconnell@rogers.com</a>
Tina Hapgood	Registration & Special Events	613-623-9087	<a href="mailto:jjta1993@hotmail.ca">jjta1993@hotmail.ca</a>
Caroline Holley	Communications/News Letter	613-433-4821	<a href="mailto:summer_sunshine_0526@hotmail.com">summer_sunshine_0526@hotmail.com</a>
Stephen Toole	Parents Representative	613-623-4399	<a href="mailto:tootime@explornet.com">tootime@explornet.com</a>
Bernie Mahusky	Banquet Coordinator	613-432-9096	<a href="mailto:mahusky4ofus@sympatico.ca">mahusky4ofus@sympatico.ca</a>
Jonathan Inman	Winter Sports Clinic Chairman For Soldier On	613-435-5007	<a href="mailto:jinman306@yahoo.co.uk">jinman306@yahoo.co.uk</a>
Rey Rheault	Raffle Coordinator	613-822-3419	<a href="mailto:rrheault@rogers.com">rrheault@rogers.com</a>
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